Elite Cardiovascular Group
Dr. Nalluri & Dr. Asti

Peripheral Arterial Disease (PAD) Questionnaire

Name: _____ DOB: _____ Medical Record #: _____

Peripheral Arterial Disease (PAD) is a condition in which the arteries that carry blood to the muscles of the legs become narrowed and hardened due to the build up of plaque. It can result in leg pain or "fatigue," which can limit your physical activity. PAD can also increase your risk of having a heart attack or stroke if left untreated.

Please take a moment to answer the questions below so that we may briefly screen you for PAD. If you have any questions or concerns regarding PAD and your risk or would just like more information, please do not hesitate to ask.

1) Do you have any discomfort in the muscles of your legs when you walk that is relieved by rest?
   ◯ Yes ◯ No

2) Do your legs ever feel fatigued or heavy when walking or active? ◯ Yes ◯ No

3) Do you ever need to stop and rest when walking or have difficulty keeping up with others?
   ◯ Yes ◯ No

4) Do your feet and toes bother you at night? ◯ Yes ◯ No

5) Would you have difficulty doing any of the following because of leg fatigue, weakness, or discomfort? ◯ Yes ◯ No

Select the appropriate answer:

	Difficulty	Some Difficulty	Unable
Walking one block?	1 ◯	2 ◯	3 ◯
Climbing one flight of stairs?	1 ◯	2 ◯	3 ◯
Walking at an increased pace?	1 ◯	2 ◯	3 ◯

X _____ _____

Patient/Guardian Signature Date