



Renal Arterial Duplex Instructions

Requests:

- Please **DO NOT** bring children under the age of 10 to the study
- Please arrive **10 minutes early** for your scheduled appointment. If you are more than 15 minutes late, you will be rescheduled.

Preparing for the study:

24 hours before	<ul style="list-style-type: none">• DO NOT smoke
6 hours before	<ul style="list-style-type: none">• DO NOT eat or drink anything that contains caffeine (coffee, tea, chocolate, sodas, energy drinks, some pain relievers, noncaffeinated, decaffeinated, and caffeine-free products)• DO NOT eat, chew gum, or drink carbonated beverages
Morning of appointment	<ul style="list-style-type: none">• Keep a full bladder before your appointment• Drink lots of fluids before your scheduled appointment• DO NOT use any creams, lotions, ointments, oils, or powders over your back the day of the study.• Wear loose-fitting comfortable clothing: 2 piece and sneakers NO jumpsuits, overalls, or one-piece dresses• Feel free to bring a snack (in case you get hungry after the study)

- If you are unable to make it to your scheduled appointment, please call 972-572-1600 **at least 24 hours ahead to avoid a \$30 tech fee**
- If you have a double study and are unable to make it to your scheduled appointments, please call 972-572-1600 **at least 48 hours ahead to avoid an \$80 tech fee**
- Dr. Nalluri or Dr. Asti will discuss the study results