



Carotid Duplex Instructions

Requests:

- Please **DO NOT** bring children under the age of 10 to the study
- Please arrive **10 minutes early** for your scheduled appointment. If you are more than 15 minutes late, you will be rescheduled

Preparing for the study:

24 hours before	<ul style="list-style-type: none">• DO NOT smoke• DO NOT eat or drink anything that contains caffeine (coffee, tea, chocolate, sodas, energy drinks, some pain relievers, noncaffeinated, decaffeinated, and caffeine-free products)
Morning of appointment	<ul style="list-style-type: none">• DO NOT use any creams, lotions, ointments, oils, or powders over your neck the day of the study• Please remove any necklaces or jewelry around your neck before the study• Wear loose-fitting comfortable clothing: 2 piece and sneakers NO jumpsuits, overalls, or one-piece dresses• Please bring a list of medications and/or actual bottles (including over the counter and herbal supplements). We need <u>complete</u> medication names & dosages

- If you are unable to make it to your scheduled appointment, please call 972-572-1600 **at least 24 hours ahead to avoid a \$30 tech fee**
- If you have a double study and are unable to make it to your scheduled appointments, please call 972-572-1600 **at least 48 hours ahead to avoid an \$80 tech fee**
- Dr. Nalluri or Dr. Asti will discuss the study results