



Arterial Duplex Instructions

Request:

- Please **DO NOT** bring children under the age of 10 to the study
- Please arrive **10 minutes early** for your scheduled appointment. If you are more than 15 minutes late, you will be rescheduled

Preparing for the study:

24 hours before	<ul style="list-style-type: none">• DO NOT smoke• DO NOT eat or drink anything that contains caffeine (coffee, tea, chocolate, sodas, energy drinks, some pain relievers, noncaffeinated, decaffeinated, and caffeine-free products)
Morning of appointment	<ul style="list-style-type: none">• DO NOT use any creams, lotions, ointments, oils, or powders over your legs or arms the day of the study• Wear loose-fitting comfortable clothing: 2 piece and sneakers NO jumpsuits, overalls, or one-piece dresses• Please bring a list of medications and/or actual bottles (including over the counter and herbal supplements). We need complete medication names & dosages

- If you are unable to make it to your scheduled appointment, please call 972-572-1600 **at least 24 hours ahead to avoid a \$30 tech fee**
- If you have a double study and are unable to make it to your scheduled appointments, please call 972-572-1600 **at least 48 hours ahead to avoid an \$80 tech fee**
- Dr. Nalluri or Dr. Asti will discuss the study results