



Loop Recorder

Preparing for the test:

- **DO NOT** eat or drink anything after midnight for morning appointments. If your procedure is scheduled late in the afternoon, **DO NOT** eat or drink **for at least 8 hours prior**.
- If you are unable to make it to your scheduled appointment, please call 972-572-1600 **at least 24 hours ahead to reschedule to avoid cancellation fees**.

After the test:

- Please make sure to have someone to drive you home after the procedure in order for you to be discharged.
- You can continue with your daily routine.
- You should follow up with your cardiologist about once or twice a year.
- Your cardiologist will interpret the data and inform you of your results.
- This device does not interfere with MRI's but may trigger metal detectors.
- Ask your cardiologist if you have any questions or concerns.